From: Meghan Stapleton [meghan_stapleton@gov.state.ak.us]

Sent: Thursday, March 15, 2007 2:26 PM

To: 'Sarah Palin'; 'Denby Lloyd'; Nizich; Michael A (GOV)

Cc: Leighow; Sharon W (GOV); Stapleton; Meghan N (GOV)

Subject: Fisheries Blog

I can't find the commercial fisheries blog, but perhaps It's going to start soon.

Meghan N. Stapleton Communications Director Office of Governor Sarah Palin 907.269.7450 o 907.269.7463 f 907.321.4975 c

From:

Meghan Stapleton [meghan_stapleton@gov.state.ak.us]

Sent:

Thursday, March 15, 2007 11:27 AM

To:

'Sarah Palin'; 'Denby Lloyd'; mike_nizich@gov.state.ak.us; mike_tibbles@gov.state.ak.us

Cc:

sharon_leighow@gov.state.ak.us; meghan_stapleton@gov.state.ak.us

Subject:

FW: Fish Interviews with Governor

Importance: High

ASMI members have been out of town, but did respond today to our request for thoughts on this afternoon's fish interviews. The following is from Ray Riutta, Exacutive Director of ASMI:

For the Intrafish questions here is en assortment of bullets to choose from:

-Highly committed to aggressive and innovative marketing of Alaska Seefood

- Supports ASMI and looks forward to working with them as a spokesperson for Alaska seafood to help gat out our very Important messages to the rest of the world. ASMI is working on a game plan right now to do this

-There is a million dollars in the Governor's budget to help ASMI continue its marketing and advertising campaigns this coming year

-Proud of the fact that we have the best managed fisherias in the world in Alaska; no stocks are endangered or over fished

-Sustainability is built into our state constitution and sets tha stage for the way we manage our fisheries

-There is no better seafood in the world than Alaska Seafood and she looks forward to working with ASMI to continue to get that word out...our seafood is sustainable, harvested in the most pristine environment on earth and most importantly, is good for you. It's pure, a natural product that is high in heart heelthy Omega 3's

-Very pleased with the high value thet Alaska Seafood commands in the market plece. It is recognition

by the customer that wild Alaska Seefood is the top choice when it comas to picking seafood.

-Here are a couple of items picked right from our website:

-The State of Alaska recognizes seafood as a preclous netural resource and the seafood industry as a vital component of the state's economy. Therefore, Alaska leads the nation in resource management, quelity control and conservation to ensure that Alaska Seafood remains the World's finest for futura generations.

-The quality of Alaska Seafood is also determined by what it doesn't contain. Alaska's merine habitats are nearly pollution-free compared to the rest of the world. Feeding on organic marine organisms, Alaska Seafood is additive-free and provides healthful, natural vitamins, minerals, nutrients and hearthealthy polyunsaturated fats. For example, Alaske Selmon is rich in Omega-3 oils. Scientists have known for years that Omega-3 offers heart-healthy benefits, including:

- Halping to decrease blood lipids (cholesterol, LDL's, and triglyceridas)
- · Reducing blood clotting factors
- · Increasing relaxation in larger arteries and blood vassels
- Decreasing the inflammatory processes in blood vessels

-Additionally, the Omega-3 oils found in cartain types of seafood, including Alaska Salmon, have been linked to improvements in or prevention of certain kinds of cancer, ulcerative colitis, psonasis, arthritis, asthma, certain kinds of mental illness, depression and lupus.

-The preferred choice for Omega-3 consumption is from eating seafood because the fat is better absorbed by the body and it comes with many other nutrients. Many modern diets aren't high enough in Omega-3 oils to realize optimum health benefits. That's why verious types of seafood should be included in weekly diets.

I know that is a lot of health info but I have heard the Governor comment several times about her passion for seafood and a healthy diet and lifestyle so you may find these useful. There is a lot more at

www.alaskaseafood.org if this is not enough. I would be happy to develop this line further if you think if of value.

I also suggest you take a look at the Governor's CD that she did for the Boston Seafood show. The sound bites in there were right on target and it was very well received at the Alaska reception at the show. Speeking of the show it would be good to recognize that the two top winners at the new products showcase came from our Alaska companies: Trident Seafood for its Tataki Sockeye Salmon and, most exciting of all, Cold Smoked Halibut from Diamond Lodge Smokehouse in King Salmon Alaska. Our largest and one of our very smallest companies both came home big winners in Boston. This speaks volumes to the creativity and innovative efforts of our entire Alaska Seafood industry.

The fraudulent use of our Alaska name is a problem that concerns us because we want our customers to know they are getting the real thing. We expect the federal government to enforce labeling laws in the U.S. and other countries to the same overseas. We also hope that the media will continue its watch dog role and ferret out these illegally labeled products. It is very frustrating for Alaska to produce such wonderful seefood then have someone substitute another product in its place. It cheats the customer and it cheats our seafood industry who work so very hard, often in very dangerous conditions to bring Alaska seafood to the customer.

In addition, the Governor should be ready to respond to Privileged or Personal Material Redacted								
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I haven't commented on the harvest as I expect ADF&G will do that but if you need that from us please let me know.

Meghan N. Stapleton Communications Oirector Office of Governor Sarah Palin 907.269.7450 o 907.269.7463 f 907.321.4975 c

Unknown						
From:	Meghan Stapleton [meghan_stapleton@gov.state.ak.us]					
Sent:	Thursday, March 15, 2007 10:38 AM					
To:	'Sarah Palln'; Tibbles; Michael A (GOV); Bitney; John W (GOV)					
Cc:	Leighow; Sharon W (GOV); Stapleton; Meghan N (GOV); 'Patrick S Galvin'; 'Marty Rutherford'; 'Tom Irwin'					
Subject	: FW: KSRM poli					
You mig	ht appreclate this					
Commis AGIA.	sloner Gaivin appeared on this radio station last week for an hour – discussing the					
Communic	463 f					
Sent: The	usan Davis [malito:susan_davis@gov.state.ak.us] nursday, March 15, 2007 10:26 AM han Stapleton'; 'Dan Saddler'; kris_perry@gov.state.ak.us : KSRM poil					
	adio in Kenai is conducting a poll this week on Govemor Palin's approval rating. The numbers impressive:					
Do you	approve of Governor Sarah Palin's performance so far?					
Yes 🗆						

11/10/2009

Total Votes: 200

From: Meghan Stapleton [meghan_stapleton@gov.state.ak.us]

Sent: Thursday, March 15, 2007 10:17 AM

To: Rehfeld; Karen J (GOV); 'Sarah Palin'

Cc: Hartig; Lawrence L (DEC); Von Scheben; Leo (DOT); Tibbles; Michael A (GOV); Bitney; John W

(GOV); Kelly; Russell T (GOV); Nizich; Michael A (GOV); Leighow; Sharon W (GOV)

Subject: RE: fox springs and chitna

We have not received the press release, yet. I will contact Kristln and see if it's on its way.

Depending upon the message, we may be better off just placing a call to the News-Miner.

Thanks, Meg

Meghan N. Stapleton Communications Offector Office of Governor Sarah Palin 907.269.7450 o 907.269.7463 f 907.321.4975 c

From: Karen Rehfeid [mailto:karen_rehfeid@gov.state.ak.us]

Sent: Thursday, March 15, 2007 9:42 AM

To: Sarah Paiin

Cc: larry_hartig@dec.state.ak.us; Leo Von Scheben; mlke_tlbbles@gov.state.ak.us; john_bltney@gov.state.ak.us; russ_kelly@gov.state.ak.us; mlke_nizich@gov.state.ak.us; meghan_stapleton@gov.state.ak.us; sharon_leighow@gov.state.ak.us

Subject: Re: fox springs and chitna

Governor - I do not know the answer on the Chitina issue - John Bitney has been working on that

Regarding Fox Springs - DOTPF and DEC have worked on a press release on this issue that Meghan has, I believe - following is an email I received from Kristin Ryan this morning - hopefully this will help diffuse some of the negative comments regarding the change - the good news is the folks will still have access to this public water system -

Karen -

DOT plans to keep the system operational for the remainder of the year (and next if need be) while the work group comes up with a permanent solution. Mary Siroky is coordinating DOT's efforts. So, the answer is there will be no immediate impact from the reduction. DOT will continue to operate the system for the short term (utilizing other funds) but in the future it may very well be managed by someone else in the business of providing safe drinking water.

We have tentatively set our first meeting for April 5th in Fairbanks. Have individuals interested in participating contact Camille Recknagle 907-269-7644 or Camille Recknagle@dec.state.ak.us. She'll keep them posted about the topic.

We have drafted a press release for the Gov's office on the issue which is floating about somewhere.
Thanks, Kristin
Sarah Palin wrote:
DOT: pls let me know when you have the "fix" for the Chitna access problems ready to be rolled out. My understanding is a \$200g bridge repair project should allow our fishermen the access they need to dipnet.
Also, Fox Springs Privileged or Personal Material Redacted
Privileged or Personal Material Redacted
Privileged or Personal Material Redacted
thank you!
Be a PS3 game guru. Get your game face on with the latest PS3 news and previews at Yahoo! Games.

Karen J. Rehfeld Office of Management & Budget 465-4660

From: John Katz [jwkatz@ALASKADC.org]

Sent: Thursday, March 15, 2007 4:55 AM

To: Lloyd; Denby S (DFG)

Cc: 'Governor Sarah Palin'; 'Michael Tibbles'; Nizich; Michael A (GOV); 'Talis Colberg'

Subject: Customary Trade/Subsistence

I want to make sure that you have been advised that, in the aftermath of the Governor's meeting with Deputy Secretary Lynn Scarlett, the Federal Subsistence Board has been directed to move forward with its work on customary trade policies notwithstanding the original objections from the Justice Department. We specifically asked in the meeting that this occur.

So, as I understand the current situation, the FSB, pursuant to previous Secretarial directives, is working on customary trade, has almost completed its work on closure policies, and is also examining its internal decision making process to respond to State concerns about fairness and transparency. In my opinion, we should continue and even intensify the State's dialogue with the FSB on these issues.

Please let me know if we can help further from this end.

Please note that my email address has changed. My new email address is jwkatz@alaskadc.org. Thank you .

From:

Meghan Stapleton [meghan_stapleton@gov.state.ak.us]

Sent:

Thursday, March 15, 2007 1:41 PM

To:

Frye; Ivy J (GOV); 'Sarah Palin'; Tibbles; Michael A (GOV); Nizich; Michael A (GOV); 'Denby

Lloyd'; Leighow; Sharon W (GOV)

Cc:

Stapleton; Meghan N (GOV)

RE: NPFMC letter Subject:

Just to make sure everyone knows... Sharon and I are going to release to the press.

Meghan N. Stapleton

Communications Director

Office of Governor Sarah Palin

907.269.7450 0

907.269.7463 f

907.321.4975 c

----Original Message----

From: Ivy Frye [mailto:ivy_frye@gov.state.ak.us]

Sent: Thursday, March 15, 2007 1:39 PM

To: 'Sarah Palin'; 'Michael Tibbles'; 'Mike Nizich'; 'Denby Lloyd'; 'Meghan

Stapleton'; 'Sharon Leighow'

Subject: FW: NPFMC letter

----Original Message-----

From: Ivy Frye [mailto:Ivy_Frye@gov.state.ak.us]

Sent: Wednesday, March 14, 2007 1:08 PM

To: Katz, John W (GOV)

Subject: FW: Signed letter Scanned PDF

NPFMC letter.

----Original Message----

From: Donna Collins [mailto:donna_collins@gov.state.ak.us]

Sent: Wednesday, March 14, 2007 12:47 PM

To: 'Ivy Frye'

Subject: Signed letter Scanned PDF

----Original Message----

From: imagistics6530 [mailto:imagistics6530@gov.state.ak.us]

Sent: Wednesday, March 14, 2007 1:39 PM

To: donna_collins@gov.state.ak.us

Subject: Scanned PDF

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From: Sent:

Ivy Frye [ivy_frye@gov.state.ak.us]

To:

Thursday, March 15, 2007 1:39 PM

10.

'Sarah Palin'; 'Michael Tibbles'; 'Mike Nizich'; 'Denby Lloyd'; 'Meghan Stapleton'; 'Sharon

Leighow'

Subject:

FW: NPFMC letter

----Original Message----

From: Ivy Frye [mailto:Ivy_Frye@gov.state.ak.us]

Sent: Wednesday, March 14, 2007 1:08 PM

To: Katz, John W (GOV)

Subject: FW: Signed letter Scanned PDF

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Sent: Wednesday, March 14, 2007 1:39 PM

To: donna_collins@gov.state.ak.us

Subject: Scanned PDF

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From: Meghan Stapleton [meghan_stapleton@gov.state.ak.us]

Sent: Thursday, March 15, 2007 5:29 PM

To: 'Sarah Palin'; Perry; Kristina Y (GOV); Leighow; Sharon W (GOV)

Subject: RE: iditarod

Checking... we'll let you know.

Meghan N. Stapleton Communications Director Office of Governor Sarah Palin 907.269.7480 o 907.269.7463 f 907.321.4978 c

From: Sarah Palin [mailto:gov.sarah@yahoo.com]

Sent: Thursday, March 15, 2007 5:29 PM

To: Kristina Y Perry; meghan_stapleton@gov.state.ak.us; sharon_leighow@gov.state.ak.us

Subject: iditarod

hi kris - do you know if we did something for Rohn Buser winning the Jr. Iditarod? who do i follow up with on things like that so i can know if they've been sent? thanks!

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From: Kari Spencer [kari_spencer@gov.state.ak.us]

Sent: Thursday, March 15, 2007 11:55 AM

To: gov.sarah@yahoo.com; 'Meghan Stapleton'

Subject: FW: MEA for the Gov's reading file

Kari Spencer Governor's Scheduler 907-465-3986 phone; 907-465-3889 fax

From: Lynne Smith [mailto:lynne_smith@gov.state.ak.us]

Sent: Wednesday, March 14, 2007 6:11 PM

To: 'Kari Spencer'

Subject: MEA for the Gov's reading file

FYI before the MEA meeting on Saturday.

I have talked to Tuckerman Babcock and Lorilei Carter regarding the Railbeit Energy Fund (which was vetoed last vear).

They wanted to let the Governor know that MEA (and Homer Electric Association) is happy with the distribution proposal made last year, felt that it was fair, and would be happy to have that same distribution this year.

Lynne